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Hey summer, you're not looking so hot

Going mild. After brutal winter, annual forecast calling for below-average temps for Winnipeg



SHANE GIBSON
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After a winter that put Winnipeg among the coldest cities in the world, the Weather Network says we can expect a slightly cooler-than-average summer, too.

But it was not all bad news in the network's annual summer forecast, which was released Tuesday.

"The good news is summer is here," said Elena Lappo, meteorologist with the Weather

Finally

"The good news is summer is here."

Weather Network meteorologist Elena Lappo

Network. "After a very long and harsh winter and a very slow start to the spring season ... in May this pattern slightly started changing.

"We're expecting that trend to continue into summer."

While March and April saw temperatures in Winnipeg fall around five degrees below normal, Lappo said the mercury rebounded in May to within a degree or two of our average daily temperature of 18.6 C.

She said the dastardly northern arctic air that gave us our coldest winter in more than a century is finally starting to change course, which means we can expect temper-

atures near — albeit likely a little below — the 23 C to 26 C that's normal for June, July and August.

"We're expecting warm days, hot days and cooler days as well, but overall we're expecting the temperatures to average out to only a degree or two below normal," Lappo said. "We're still expecting a nice mild and warm summer. It's just that there could be a little bit more days with below-seasonal temperatures as opposed to days with above-seasonal temperatures."

As for rain, Lappo said Winnipeg can expect average levels this summer.



THE OLD COUNTRY WAY

Natasha O'Brien performs the title role in Rainbow Stage's *A Closer Walk With Patsy Cline* at a media call Tuesday. The cast is rounded out by Aaron Hutton and Simon Miron, background from left, with Markian Tarasiuk, Cory Wojcik and Sam Plett. Andrew St. Hilaire performs on piano. The show opens Thursday. DAVID LIPNOWSKI/FOR METRO



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Crestview. Decision on dog park to wait until autumn, committee says

The decision on whether to turn a small "forest" in west Winnipeg into an off-leash dog park will wait until September, a city committee voted Tuesday.

The public works committee heard from nearly a dozen residents opposing the conversion of Crestview's Voyageur Park into an off-leash dog park, as well as a handful of people and groups in favour, including WINDOG and the Winnipeg Humane Society.

Coun. Grant Nordman (St. Charles), who is a supporter of the change, argued that the just-over-four-hectare park is underused and there are three playground structures at the adjacent school for children to use.

Nordman, who stated that he does not own a pup, has an uphill battle, as not only are residents closest to the park against his proposal, so is the city's administration.

BERNICE PONTANILLA/METRO

\$590M. City committee gives go-ahead to P3 portion of rapid transit

The city's public works committee avoided what could have been a year-long delay to the second phase of the rapid transit projects, as old arguments came to the fore Tuesday.

A public hearing was held at the meeting on the business case for making the \$590-million project a public-private partnership, also known as P3.

In a 2-1 vote, with committee chair Coun. Justin Swandel in opposition, the "capital integration project" was adopted.

Dave Wardrop, director of Winnipeg Transit, said the city has a deadline coming up, June 13, to get the full application in to the federal P3 Canada program.

Any further delays — including studying a new route — could adversely affect the project.

"Failing to do so would result in a project delay of at minimum a year, quite possibly more," said Wardrop.

BERNICE PONTANILLA/METRO

Ambulance

Emergency room wait times still growing, PCs say

Manitoba Progressive Conservatives say wait times continue to increase for patients taken to hospital by ambulance.

The official Opposition says statistics show patients waited 81 minutes, on average, for emergency room treatment in the first three months of this year.

That's compared with an average of 75 minutes for last year. PC Leader Brian Pallister says the government has promised to address the problem, but it seems to be getting worse.

Health Minister Erin Selby has said the government has made several moves to cut emergency room wait times, such as setting up quick-care clinics for less urgent cases.

THE CANADIAN PRESS

Tax hikes to meet inflation rates, vows Wasylycia-Leis

Platform launch. The mayoral candidate says she would tie tax hikes to rate of inflation



SHANE GIBSON
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Judy Wasylycia-Leis would fix city streets, sidewalks, back lanes and repair sewers and water mains — all without raising taxes more than the annual rate of inflation — if elected Winnipeg's mayor in October.

But at her first policy announcement held in front of a large and receptive crowd of supporters at a park in sunny St. James Tuesday, the two-time mayoral candidate said specifics on how much it would cost and how she plans to get it all done will come later.

"What you've got today

is a clear road map for the future and a clear sense of my priorities," said Wasylycia-Leis, who faced criticism during her failed 2010 run for mayor for a lack of clarity in her platform. "I've learned from the last campaign."

"My priorities are about fixing this city and about fixing city hall."

Wasylycia-Leis also pledged to create independent oversight for spending on major projects, have an open-door policy at city hall for Winnipeggers, improve municipal services like snow removal and water services, and improve traffic flow including improved transit and active transportation.

Specifics including the costs of those promises will come in the coming weeks, too, she vowed.

"This is a four-month campaign," she said. "We've got many days ahead of us."



Mayoral hopeful Judy Wasylycia-Leis speaks to supporters and media at her first press conference in St. James, Tuesday. SHANE GIBSON/METRO

Riel constituency

Squires nominated for PCs in tight race

Manitoba Progressive Conservatives have nominated a familiar face for a Winnipeg riding that is expected to be a tight race in the next election.

Rochelle Squires beat Nancy Cooke Monday night for the Tory nomination in the Riel constituency in south Winnipeg. Squires ran for the Tories in the last election and finished 1,400 votes behind Christine Melnick of the NDP. Melnick has been kicked out of the NDP caucus by Premier Greg Selinger and sits as an Independent. Melnick said she plans to run again — a move that could split the NDP vote. THE CANADIAN PRESS

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Same-sex marriage. PCs say they were following rules in blocking debate

Manitoba's Opposition Progressive Conservatives said they were just following legislative rules Tuesday when they blocked a debate commemorating the 10-year anniversary of same-sex marriage in the province.

But NDP Finance Minister Jennifer Howard accused the Tories of ducking a debate on gay rights.

"They saw an opportunity to not talk about an issue where they know they are out of touch with where Manitobans are, and they took that opportunity," Howard said. "They used a procedural tactic to avoid talking about an issue that they clearly don't like to talk about."

The controversy stemmed from last week, when NDP backbencher Jim Rondeau gave notice that he would introduce a private member's resolution marking a 2004 court ruling that granted same-sex couples in Manitoba the right to marry. The debate was scheduled for Tuesday.

Rondeau was out of town Tuesday, so the NDP tried to have another member introduce the resolution. Such a change requires consent of all parties, and the Tories said no.

Tory House Leader Kelvin Goertzen told reporters afterward it's standard practice to have the politicians behind a resolution on hand to debate it.

"Private member's resolutions are very specific and usually personal to those members ... so if a member doesn't show up, that leads me to wonder what is going on with the particular resolution," Goertzen said. "We came, ready and willing to discuss this, and some members would have supported the resolution."

Goertzen added the Tories were only informed 30 minutes before the debate that Rondeau was away and offered to reschedule.

"I said ... find out when your member is coming back and maybe he can show up at the time he's allotted next time."

THE CANADIAN PRESS

Like 8 Mile, but with less violence and more haikus

Winnipeg Spoken Word Festival. Poets to face off in city's first battle of the ballads



SHANE GIBSON
shane.gibson@metronews.ca

This week, poets and wordsmiths from across North America are gathering in the city for the first-ever Winnipeg Spoken Word Festival.

And with events like a Haiku Death Match on the schedule, the four-day curated festival kicking off Wednesday at the Gas Station Theatre is not for the soft-spoken.

"There's usually some funny stuff, sometimes it gets a bit raunchy — it's just a great time," said festival artistic director Aaron Simm, who said Friday's haiku event is a little like a rap battle using the ancient Japanese poetry. "Two haikusters, or poets, will go



Aaron Simm is the artistic director of the Winnipeg Spoken Word Festival running Wednesday through Saturday this week. SHANE GIBSON/METRO

head-to-head, and the audience will applaud for which one they think is better."

Simm stressed no haikusters will be harmed.

The festival will open with

the city's top performance poets competing in the Winnipeg Poetry Slam Finals Wednesday night to decide who will represent Winnipeg at the Canadian Festival of Spoken

Get your tickets

Go to winnipegspokenwordfestival.com for ticket information.

Word national competition in Victoria this fall.

Thursday's event will see spoken word artists team up with a troupe of local improvisers led by Stephen Sim of CRUMBS fame for a night of improv/poetry mash-ups.

The festival will close out Saturday with well-known spoken word artists from across North America, including Buddy Wakefield, taking the stage with their best work.

"We think in Winnipeg there's a lot of people who know about spoken word ... and who would really enjoy the art form and have never been exposed to it in this way," said Simm. "If the first one goes well, we're hoping to do it every year."

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Three-parent IVF babies. GMO embryos appear not 'unsafe': U.K. regulator

Britain's fertility regulator says controversial techniques to create embryos from the DNA of three people "do not appear to be unsafe" even though no one has ever received the treatment, according to a new report released Tuesday.

The report based its conclusion largely on lab tests and some animal experiments.

The techniques are meant to stop mothers from passing

on potentially fatal genetic diseases to their babies and involve altering a human egg or embryo before transferring it into a woman.

Marcy Darnovsky, of the Center for Genetics and Society in the U.S., warned that allowing the method might lead to a slippery slope and tempt scientists and parents to use the techniques to create designer babies with certain traits. **THE ASSOCIATED PRESS**

By the hundreds

Scientists urge PM to reject pipeline

A letter signed by hundreds of scientists from around the world is urging Prime Minister Stephen Harper to reject a federal panel report recommending approval of the Northern Gateway pipeline.

The federal government must release its final decision

by June 17 on the 1,200-kilometre pipeline that would link the Alberta oilsands with a tanker port on the B.C. coast.

The letter said the report by the joint review panel is "indefensible as a basis to judge in favour of the project." It was signed by 300 scientists at Canadian universities and international institutions including Stanford, Cornell and Oxford.

THE CANADIAN PRESS

Survivors recollect Tiananmen Square

After 25 years. As China still tries to cover up the massacre, those who lived tell their tales of June 4, 1989, in Beijing



LUCY SCHOLEY
Metro in Ottawa

Liane Lee remembers holding back a screaming 12-year-old boy in Tiananmen Square.

"They killed my brother. They killed my brother!" she recalls him yelling to the soldiers who had been firing at the pro-democracy protesters. It was the early hours of June 4, 1989 — a day that Lee still struggles talking about 25 years later. But she recounted the bloody military massacre to an audience at the University of Ottawa on Tuesday.



Liane Lee and Chen Yuguo are survivors of the Tiananmen Square massacre on June 4, 1989. LUCY SCHOLEY/METRO IN OTTAWA

city of Ottawa on Tuesday.

Then a 26-year-old university student from Hong Kong, Lee held the boy back until he finally wriggled away. She says she still remembers the smell of his sweat and the warmth of his tears. Witnesses say the boy's body was later carried to the first aid station, covered in blood, but Lee does not remember that. She figures she

blocked it from her memory.

Now 55 and living in Cleveland, Ohio, Lee says many Chinese people have accused her of lying about the massacre that killed a still-unknown number of the country's students, teachers and workers.

"I want to remember their names, but I can only remember their noble faces," said Lee, who urged the audience

to reflect on the massacre that the Chinese government is still trying to cover up to-day. Many scholars, artists and lawyers who have tried to commemorate the event on this milestone have wound up under house arrest or in jail.

Chen Yuguo was a teacher at Beijing University who had been camping out at the square in the days leading up to the massacre. He was in one of the last groups that left at about 5 a.m. on June 4, after seeing many people crushed by tanks and a colleague "badly, almost fatally stabbed."

Cheuk Kwan, of the Toronto Association for Democracy in China, said human rights have "deteriorated" in China since the Tiananmen Square massacre.

"We should not forget June 4," he said. "Those who don't learn from history are condemned to repeat it."

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From stodgy to luxury: HBC's makeover pays off

Hudson's Bay Company.
Canadian retailer gets a lift from Saks sales

The Hudson's Bay Company hopes a trend toward luxury goods will continue to boost its bottom line after swinging to a first-quarter profit on strong sales from Saks Fifth Avenue.

"We've been seeing a very strong, positive trend in luxury items — the more unique, the more expensive, the more special a product is, the greater the demand we seem to be getting, so that bodes well for Saks," HBC governor and CEO Richard Baker said during a conference call Tuesday to discuss first-quarter results.

HBC is on track to bring two Saks locations to Canada by the spring of 2016, he added, since the company sees "a substantial untapped opportunity for both luxury and off-price in Canada."

The Toronto-based retail-

Market Minute



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OIL
\$102.66 US (+\$0.19)



GOLD
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Natural gas: \$4.61 US (-\$0.01)
Dow Jones: 16,722.34 (-21.29)

er completed its acquisition of luxury U.S. retailer Saks late in 2013 for \$2.9 billion including debt.

Hudson's Bay reported first-quarter net earnings of \$176 million, up from a net loss of \$22 million in the year-ago period as retail sales jumped to \$1.85 billion, an increase of \$971 mil-

lion year-over-year.

Digital sales, important to the company's future growth, were \$207 million in the quarter and included sales at Hudson's Bay Company, Saks and Lord & Taylor.

They accounted for 11 per cent of the company's overall sales in the quarter — a figure HBC is hoping to raise to 20 per cent over the next five years. One of the reasons HBC bought Saks last year was that its digital capabilities were more developed.

"The overall macro trend is greater movement of sales online, so I think we're very well-positioned for that," Baker said.

"HBC digital continues to show outstanding growth and we are already leveraging the team across the organization for this important channel," said Baker, adding that HBC expects customers to increasingly do online shopping as it adds to its digital offerings.

THE CANADIAN PRESS



PlayStation Portable is so 2009 ...

Models hold Sony PlayStation Portable video game machines during a promotional event in 2009 in Hong Kong. Sony Corp. is pulling the plug on its hand-held PlayStation Portable after 10 years. The Japanese electronics and entertainment company has been pushing the successor machine, PlayStation Vita. KIN CHEUNG/THE ASSOCIATED PRESS FILE

Telecoms

Canada's Rogers makes deal with U.K.'s Vodafone

The Vodafone Group of telecommunications companies has signed an exclusive Canadian partnership agreement with Rogers Communications.

THE CANADIAN PRESS

2010 U.S. outbreak

Egg titan, son plead guilty in salmonella case

A self-made titan in the egg industry, his son and the company they ran pleaded guilty Tuesday to U.S. federal food safety violations stemming from a salmonella outbreak. THE ASSOCIATED PRESS

Campaign

FBI targets use of laser pointers aimed at planes

A new FBI campaign unveiled Tuesday targets the illegal use of laser pointers to distract airplanes. The FBI is offering \$10,000 US rewards for information. THE ASSOCIATED PRESS

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LIKE TIPPING, BUT WITHOUT THE TIP

It may cost more, especially when you add in the ferry ride to Vancouver Island, but we'll have to start having lunch at Smoke 'N Water, the new restaurant at the Pacific Shores Resort in Parksville.

Not only does the food look simple and good, Smoke 'N Water has a spectacular 6,000-gallon fish tank/aquarium.

Oh, and it's the first no-tipping restaurant in Canada.

Smoke 'N Water opened yesterday, and although I've been vigilantly scanning the Vancouver Island news, there are no reports of server riots or customer fainting spells. But it's still early...

As you may remember, I've written about tipping before, almost exactly a year ago, when a number of U.S. restaurants introduced a no-tipping policy. But this is Canada, land of peace, order and everything should stay the same.

Food industry experts are calling owner David Jones naive



JUST SAYIN'

Paul Sullivan

metronews.ca

for his view that "tipping is a broken business model" but anyone who ever tries to do anything is naive. Until it succeeds.

Jones is going to actually pay his servers a living wage — between \$20 and \$24 an hour. Notoriously underpaid and overworked cooks will get \$16 to \$18. He'll even pay medical and dental, which is rare in Restaurantland.

Here's the hitch — prices will be about 18 per cent higher than the average. Jones is betting you'll pay roughly the same as you would if you left a tip just so you don't have to leave a tip.

So let's do the math. At \$24 an hour, that's \$192 for an eight-hour shift. If you're earning servers' minimum wage, which in B.C. is \$9 an hour, you make a base of \$72. You have to make up the rest on tips. Granted, servers can make well over \$100 a day on tips, but they have to do a lot of stupid server tricks to make sure they get one — pretend to love everything on the menu, put little smiley faces on the bill, hover anxiously and expectantly

Naive like a fox

Jones is betting you'll pay roughly the same as you would if you left a tip just so you don't have to leave a tip.

while the customer figures out the 15 or 20 per cent.

This way, you get paid and retain your dignity. Crazy. It's too early to tell if this will set a trend or if Smoke 'N Water will turn into so much smoke-'n-water damage. But what's not to like? If you're a customer, you can walk into a restaurant expecting good service to be part of the, um, service, not requiring an extra bribe. If you're a server, you're a member of a fairly paid team that works together to provide a superior dining experience. Like a grown-up.

And if you're David Jones, columnists across the continent write about your new restaurant the day after it opens.

Naive, eh?

ZOOM

Still life?



An ear made of human cells is grown from samples provided from a distant relative of Dutch artist Vincent van Gogh. U.S.-based artist Diemut Strebe said she wants to combine art and science with the installation.

COURTESY DIEMUT STREBE/SUGARABE

Replica of van Gogh's ear grown from relative's DNA

A German museum has put on display a copy of Vincent van Gogh's ear that was grown using some of the Dutch artist's genetic material.

The Center for Art and Media in Karlsruhe says the ear consists of living cells grown from samples provided by the great-great-grandson of van Gogh's brother. The museum says the genes are about 1/16th identical.

THE ASSOCIATED PRESS

Ear-y legend

He's known as the tortured genius who cut off his own ear, but two German historians claim that van Gogh lost his ear in a fight with his friend and fellow artist Paul Gauguin, with whom he was hopelessly infatuated.

- The official version usually goes that the disturbed Dutch painter severed his left ear lobe with a razor blade in a fit of lunacy one evening shortly before Christmas 1888. Bleeding heavily, van Gogh then wrapped it in cloth, walked to a nearby bordello and presented the severed ear to a prostitute.
- A book argues that van Gogh may have made up the story to protect Gauguin, a keen fencer, who actually lopped it off with a sword during a heated argument.

— ABCNEWS.GO.COM

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MetroTube

Boston: Beyond the Affleck

REBECCA WILLIAMS
readers@metronews.ca

Boston is known for a lot of things: Mark Wahlberg, Ben Affleck, the lack of "r"s in its accent and, unlike some places, consistently successful sports teams.

Since the marathon bombings, its resilience is also engrained in the city's identity; Bostonians are "Boston Strong" through and through. This video portrait of the city goes beyond first glimpses of Beantown life and celebrates the city in all its stunning glory. Every city deserves this kind of a tribute. (Via Erik Rojas/Vimeo)



SCREENGRAB

Spy games

Stone taking on Snowden story

Oliver Stone will write and direct a film about Edward Snowden, one of two high-profile films in the works about the National Security Agency leaker.

Stone announced Monday that he plans to adapt *The Snowden Files: The Inside Story of the World's Most Wanted Man*, a book by Guardian journalist Luke Harding. The project pairs one of cinema's most controversial directors with one of the most explosive news events in recent years — one that is ongoing.

"This is one of the greatest stories of our time," Stone said in a statement. He added that making such a film is "a real challenge."

He will have some deep-pocketed competition. Sony Pictures last month purchased the big-screen rights to Glenn Greenwald's *No Place to Hide: Edward Snowden, the NSA and the U.S. Surveillance State*. The film is being produced by James Bond producers Barbara Broccoli and Michael G. Wilson.

Stone has advocated for the former NSA contract systems analyst, who is living in Russia on a temporary grant of asylum after leaking massive amounts of NSA documents to the media.

"To me, Snowden is a hero because he revealed secrets that we should all know, that the United States has repeatedly violated the Fourth Amendment," Stone said in a press conference at the Karlovy Vary Film Festival in the Czech Republic. **THE ASSOCIATED PRESS**



Oliver Stone to take on another polarizing topic on the big screen. CONTRIBUTED

Live. Die. Repeat.



Déjà vu for Tom Cruise and Emily Blunt as she explains why wearing all of that gear must feel like an eternity in their new action/sci fi movie, *Edge of Tomorrow*. CONTRIBUTED

Tomorrow, today, yesterday. Latest Tom Cruise flick sees its own shadow in a recurring theme on the big screen



IN FOCUS
Richard Crouse
scene@metronews.ca

"How many times have we been here," asks Rita (Emily Blunt). "For me, it's been an eternity," replies William (Cruise) as he relives the same day of an alien invasion over and over.

Edge of Tomorrow is a time-loop movie that can best be described as *War of the Worlds* meets *Groundhog Day*.

In *Groundhog Day*, Bill Murray says, "Every morning I wake up without a scratch on me, not a dent in the fender. I am an immortal." His take on a drunk, suicide-prone weatherman who discovers the beauty of life by living the same day endlessly may be the granddaddy of all Hollywood déjà vu stories,

but many other movie characters have been caught in cinematic time circles.

The DVD cover for 2006's *Salvage* asks the question, "What if every day you relived your own murder?" Originally called *Gruesome* for the festival circuit, the movie is as grim as Bill Murray's film is life-affirming. Called a "digital video hell — spawn of *Psycho*, *Eyes Without a Face* and *Groundhog Day*," by *Variety*, *Salvage* is the story of Claire (Lauren Currie Lewis), a convenience store worker who undergoes her murder over and over. Despite its extremely low budget — star Lewis doubled as the film's make-up artist — *Salvage* was an official selection of the 2006 Sundance Festival.

The horror genre lends itself to time-bending tales. *Camp Slaughter* is a 2005

throwback to the slasher films of the 1980s. In this one, a group of modern teens stumble across Camp Hiawatha, a dangerous place where not-so-happy-campers are trapped in 1981 and



forced to re-experience the night a maniacal murderer went on a killing spree. Labelled "Groundhog Day meets Friday the 13th (part

2,3,4,5,6,7,8...

every one of them!)," by one critic, it's gory good fun.

Not into gory? The Yuletide provides a less bloody backdrop for time-looping. The title *Christmas Every Day* is self-explanatory but 12 Dates of Christmas is better than the name suggests. *Us Weekly* called this Amy Smart romantic comedy about a woman stuck in an endless Christmas Eve, a sweet "nicely woven journey."

Finally, the aptly named *Repeaters* is a Canadian film written by Arne Olsen, scribe of *Power Rangers: The Movie*. *Repeaters* is about a trio of recovering addicts who find themselves in "an impossible time labyrinth" after being electrocuted in a storm. Like most time-bending films, *Repeaters* is about learning from your mistakes. What sets it apart from some of the others are three unlikeable leads who use their situation to raise hell and break the law. It's only when Kyle (Dustin Milligan) realizes they could be in big trouble if time suddenly unfreezes for them that familiar time-loop themes of redemption and self-reflection arise.

2 SCENE



Brad Pitt ALL PHOTOS GETTY IMAGES

Red-carpet prankster was trying to 'bury his face in my crotch,' Brad says

Brad Pitt is finally breaking his silence about his red carpet run-in with Ukrainian prankster Vitalii Sediuk at the Maleficent premiere last week.

"I was at the end of the line signing autographs, when out of the corner of my eye I saw someone stage-diving over the barrier at me," he tells People magazine in a statement.

"I took a step back. This guy had latched onto my lapels. I looked down and the nutter was trying to bury his face in my crotch, so I cracked him twice in the back of the head — not too hard, but enough to get his attention because he did let go. I think he was then just grabbing for a handhold because the guys were on him, and he reached up and caught my glasses."

The crotch-targeting is in line with Sediuk's style of prank, as he'd been caught sticking his head under America Ferrera's dress last month on a Cannes red carpet.

The disgraced TV reporter was sentenced to three years' probation, a year of counselling and a temporary restraining order keeping him away from Pitt and Angelina Jolie.

"I don't mind an exhibitionist," Pitt insists. "But if this guy keeps it up, he's going to spoil it for the fans who have waited up all night for an autograph or a selfie, because it will make people more wary to approach a crowd. And he should know if he tries to look up a woman's dress again, he's going to get stomped."



Dina Lohan

No jail time for Lilo's mom after drunk driving charge

The mother of actress Lindsay Lohan won't go to jail for speeding and driving drunk on a New York highway.

A judge ordered Dina Lohan on Tuesday to pay over \$3,000 in fines and fees. She'll also perform 100 hours of community service and participate in an anti-drunk-driving program.

Lohan pleaded guilty in

April to aggravated driving while intoxicated and speeding in Nassau County on Long Island in September. She has said she was fleeing paparazzi.

Police say Lohan was driving over 120 km/h in an almost 90 km/h zone. They say her blood-alcohol level was 0.20, more than double the legal limit. **THE ASSOCIATED PRESS**

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Hill backtracks after hurling homophobic slur at pap

MELINDA TAUB
Metro World News

This could just as easily be titled "Paparazzo successfully baits Jonah Hill into losing his cool by insulting his shorts."

On Monday, a photographer pestering the comedy star caught him on tape using a homophobic slur (TMZ has the video). Hill, who was walking with friends in L.A., did his best to ignore the paparazzo, who was dancing around and shouting questions. "I

like the shorts, though, bro. They're pretty sexy," the photographer said at one point, apparently a swipe at Hill's flowery summer shorts. Hill eventually lost his cool and yelled, "Suck my d—, you f—," at the photographer.

On Tuesday, Hill, who's been known as a strong supporter of the LGBT community, went on The Howard Stern Show to offer his sincere apology for using the slur. "In that moment, I said a disgusting word that does not at all reflect how I feel about any group of people. I grew up with gay family members. I'm leaving here to go spend the day with one of my closest co-workers and best friend, who is gay, who's getting married, who I'm going to stand (with) at his wedding," Hill told Stern.



Jennifer Lopez

Jenny from the Block makes sure boyfriend won't talk

When you're Jennifer Lopez, it makes sense that certain precautions would need to be made before starting a relationship.

Among those precautions? Lopez reportedly had current boyfriend and choreographer Casper Smart sign a legal document forbidding him

from discussing his and Lopez's relationship — personal or professional — with the media without her prior written approval, according to Radar Online. Lopez is "very savvy when it comes to business, but her love life is always filled with drama," a source says.

Willis Scouting out the breast way to shed light on women's issues

Scout Willis was just trying to take a stand for women by walking around the streets of New York topless, guys.

It's not her fault that she's the daughter of famous people. "I understand that people don't want to take me seriously or would rather just write me off as an attention-seeking, over-privileged, ignorant white girl," she writes in an essay for xoJane, explaining that she wants to use her "financially



Scout Willis

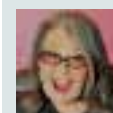
privileged" background to help women overcome "body politics" issues.

Twitter



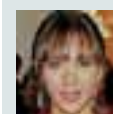
@mindykaling

I'm all about the hustle.



@therealroseanne

I ran for president bc i care about american workers and families etc.



@iamrashidajones

Re-runs of Battle of the Network Stars on ESPN Classic = best thing on tv. Lisa Bonet & Philip Michael Thomas just won a race 4 NBC? #cmon

Dude, here's the ranch!

Texas. Forget the golf and Vegas debauchery, a weekend at a ranch and spa is the new kind of mancation



ANDREW JOHN VIRTUE DOBSON
dobbernationloves.com
@dobbernation

Hoping to plan the ultimate mancation this summer but feel the Vegas Bachelor Party is overplayed? You'll find the perfect alternative at Travaasa Austin Experiential Resort, located in breezy Texas Hill Country.

Nestled against 210 acres of the Balcones Canyonlands Preserve, the resort offers a perfect playground for macho men who have a penchant for pampering.

Meals are served at Jean's Kitchen under the watchful eye of chef Benjamin Baker, who creates new menus each day to reflect the changing harvest.

His kitchen showcases produce from the resort's working organic farm, as well as locally sourced meat, fish and dairy to create flavourful, healthful meals with a Texas fusion flair.

Those who enjoy a splash in their glass will appreciate the top-notch sipping tequila, small batch bourbon and local Texas craft brews on offer at the bar.

The resort includes riding stables, a high ropes challenge course designed in partnership with Outward Bound, fitness centre, pump track, yoga studio, infinity-edge pool, dining room which spills onto a pretty



After a hard day on the ranch, kick back with tequila and meals made with produce from the resort's organic farm. PHOTOS: ANDREW DOBSON/METRO

patio, and a tranquil, 11-room award-winning spa.

Guests are encouraged to make the most of their vacation; relax by the pool and stretch out at morning yoga or dive right into the adrenaline rush via bike pump track and giant swing.

Those looking for an active adventure will find a dizzying number of activities to choose from. Start by holding your breath while

walking the tight rope at the Prickly Pear Challenge Course before soaring through the treetops on a 250-foot-long zip line. Cyclists will find their own slice of nirvana while whizzing through a 100-square-foot Pump Track specializing in jump biking.

And no trip to Texas is complete unless you've saddled up, so be sure to stop by the equine centre with

your cowboy boots. Hop on a friendly quarter horse for a guided trail ride, which includes a splash in a quiet creek and zig-zag adventure up a hillside dotted with oak and mountain juniper.

Finish the trip by treating yourself at Travaasa's award-winning wellness spa. Male guests indulge in treatments in the Western Sky Room, lined with reclaimed Douglas fir planks from an

old Texas elementary school and Loblolly pine from a local library.

The ceiling is etched with a fibre-optic recreation of the Texas night sky, a deer bust hangs overhead and a rawhide chair offers a welcome spot to relax both before and after your treatment.

Indulge in the detoxifying juniper olive stone exfoliation and massage and you'll be singing sweet zzz's.

3
LIFE



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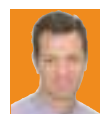
TourismSaskatoon

f t i g t



Heli-skiing in the Rockies? You're a Bespoke Traveller! TOURISM BC

What kind of a traveller are you?


ON THE MOVE
Loren Christie
life@metronews.ca

What kind of traveller are you? Take this quiz, and add up your score (A=4, B=3, C=2, D=1) to find out.

1. Your dream destination is:

- a) Paris
- b) Machu Picchu
- c) Las Vegas
- d) The family cottage

2. Which of the following appeals to you most:

- a) A week on the Queen Mary
- b) Cooking school in Italy
- c) The same place you went last year
- d) A week at your cousin Ed's house

3. Of the following, you would not leave home without bringing:

- a) Your tuxedo
- b) Your Spanish/English dictionary
- c) Your Bubba cup cooler mug
- d) Your own soap

4. Your idea of wild adventure is:

- a) A hot-air balloon ride

- b) Bungee jumping
- c) Playing a round on your favourite golf course
- d) Camping

5. You prefer to book your travel:

- a) With your favourite travel agent
- b) After months of research
- c) Online
- d) You prefer to play it by ear

6. When you travel you have to bring home:

- a) Jewelry
- b) A painting by a local artist
- c) A T-shirt with the destination written on the front
- d) A bumper sticker

7. When you think of your favourite vacation, what made it so?

- a) It was totally relaxing
- b) The interesting people you met
- c) You ate all of your favourite foods
- d) You had fun and it cost you next to nothing

If you scored between:

22-28 points
The Bespoke Traveller: When you go on holiday, you don't want to worry about a thing.

You want every detail taken care of. Think the St. Regis Hotel in New York, sipping champagne in France and heli-skiing in the Rockies.

15-21 points

An Experience-hungry Traveller: Travel for you is all about learning new things and seeing new destinations. Think renting a villa in Italy, eating fish you caught yourself in Grenada and spending a day wandering a local market in Bali.

8-14 points

The Repeat Offender: An annual week-long vacation is enough to satisfy your wanderlust. You scratched Europe off your bucket list when you went backpacking after college. Every year you go to an all-inclusive because it's easy and fun.

Less than 8 points

The Travel Mooch: A holiday for you is a reason not to be at work. When you do travel, you stay with friends. You prefer travelling by car, bringing the family pet along and like to barbecue in your host's backyard.

Can you hear the sounds of Sarajevo?



Birds fly around the Sebilj fountain on the central square in Sarajevo. THE ASSOCIATED PRESS

City of harmony. Despite a conflict-riddled past, Sarajevo is a vibrant multicultural city

If you find yourself on Ferhadija street behind the old synagogue at noon, close your eyes and listen to the bells from the Catholic cathedral and the Serb-Orthodox church mixing with the Muslim call for prayer. They call this the sound of Sarajevo.

And yet, Sarajevo is also known for the sound of a gunshot that led to the First World War a century ago. It was June 28, 1914, when the Austro-Hungarian Empire's crown prince Franz Ferdinand was assassinated here by Gavrilo Princip.

The Great War left millions dead and made four empires disappear.

A memorial plaque and video displays of photos from the assassination decorate a museum building at the downtown corner where Princip changed the world. The war's centennial will be marked this summer with conferences, exhibits and concerts.

But the First World War is just one era in the history of this multicultural city of 390,000, with its legacies

of Islamic Ottoman, Jewish, Christian Orthodox and Roman Catholic religions. The city is fondly known for hosting the 1984 Winter Olympics. And it is infamously remembered as a key battleground of the Bosnian War in the 1990s.

Despite the dark chapters of the past, today the city is defined by what locals call "the Sarajevo spirit," an interesting and mostly harmonious mix of religions and cultures. And any visit must include a look at how that blend came to be.

Start with the old town called Bascarsija. Ottoman Turks founded Sarajevo here in the 15th century as a centre of commerce with three malls, colonies of Venetian and Dalmatian traders and hundreds of shops. The tolerant empire filled the town's skyline with minarets and church towers, attracting anyone who fled Europe's Catholic inquisition.

When Queen Isabella of Spain expelled Sephardic Jews in 1492, thousands found refuge in "Yerushalaim chico," or Little Jerusalem, which is how they nicknamed the city. Sarajevo's soul resides in this Oriental quarter and residents believe that time runs slower in its water pipe bars, mosques and crafts shops.

Tourists usually stop at the Sebilj fountain on the cen-

If you go...

- For information on First World War commemorative events visit sarajevo2014.com/en

tral square for selfies and to refresh themselves from one of its pipes — as locals sometimes whisper the first part of an old Sarajevo saying: "Whoever drinks water from Bascarsija ..."

The travel advisory ends by saying the water is cursed and will make you return to Sarajevo over and over till you die.

Real-time begins again where Bascarsija ends.

In 1878, Bosnia turned from a western Ottoman province into a southeastern Austro-Hungarian province. The transition is visible at Ferhadija street near number 30.

Look west, and the secessionist-style four-storey buildings and churches tell you: Central Europe. Perhaps Austria. Look east: perhaps some old part of Istanbul with the low, stone structures with oriental shops, minarets and water fountains.

In the chaotic century that followed, Sarajevo was part of four different countries and in two wars. It offers a great deal of history in a small area.

THE ASSOCIATED PRESS

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Flanders Fields tour not one to forget

Belgium. 100 years on, the gravity of the Great War comes to life while wandering through Ypres

Crimson poppies still dance in the breeze as if nothing horrific happened in Flanders Fields of Ypres. But a century after the start of the First World War, the flowers endure as a symbol of the dead, in part because of a celebrated poem:

"In Flanders fields the poppies blow — Between the crosses, row on row."

The famous flowers are among many reminders of the region's connection to the Great War. Amid monuments and headstones in this western corner of Belgium, Flanders' eerie landscapes, trenches and bunkers continue to evoke the soldiers who died here by the hundreds of thousands. As carefree 21st century travel goes, a tour of Flanders Fields packs a punch that can long stay with you.

The haunting poem, *In Flanders Fields*, was written by Lt. Col. John McCrae, a doctor from Guelph, Ont., who ran a field hospital during the war. During a recent wreath-laying ceremony at the massive Tyne Cot burial grounds to honour the dead, the poem was read aloud by a student visiting with a group from St. George's Academy in Sleaford, England.

"The kids are really moved by it," said teacher Charlotte Tilley. "We had about half a dozen crying."

One stunning aspect of a visit here is the region's beauty and serenity. A spectacular springtime has turned the once barren, muddy battlegrounds lush with ripening wheat fields and pastures where cattle chew thick grass.

Walk through Ypres, which has four battles named for it, and you'd be forgiven for thinking you're in a splendidly preserved medieval town with a Gothic hall, gabled houses and spires. But what was left of the town on Nov. 11, 1918 — when the war ended — were stumps, rubble and vague memories where homes once stood. Ypres' second battle saw the first use of chemical weapons in warfare, and its third, named for the tiny village of Passchendaele, saw 150,000



The Trenches of Death in Diksmuide, Belgium, are well preserved. ALL PHOTOS: THE ASSOCIATED PRESS



The Larch Wood Railway Cutting Commonwealth Cemetery rests in Zillebeke, Belgium. The cemetery was started in April 1915 at the north end of a small plantation of larches.

men die in 100 days.

Some wanted Ypres to stay in ruins as remembrance. The people immediately decided otherwise and started rebuilding, "as if there never had been a war. It was very much a psychological reaction," said Piet Chielens, the co-ordinator of the In Flanders Fields museum, which is housed in the rebuilt neo-Gothic hall on the marketplace.

"Ypres immediately became a centre of remembrance. The first tourists and pilgrims arrived in early spring of 1919," said Chielens.

Massive crowds are expected this year. "We believe there will be something like half a million visitors this year coming

Quoted

"The real museum is still out there. The traces, the scars in the landscape, the numerous monuments and cemeteries that will give you that sense of loss and tragedy."

Piet Chielens, co-ordinator of the In Flanders Fields museum

from at least 70 different nations," Chielens said.

Even ahead of the official start of the centenary in August, hundreds, sometimes a few thousand, flock to the 8 p.m. playing of the Last Post, the daily salute at Ypres' Menin Gate, where walls list 54,000 soldiers who perished but were never found.

The deafening silence once the bugle stops play-

ing is a must in remembrance tourism, as is the In Flanders Fields Museum. But visitors should also take time away from the ceremonies and crowds to wander across the flat fields dotted with low-flung ridges where so many fought and died.

"The real museum is still out there," said Chielens. "The traces, the scars in the landscape, the numerous



Red poppies were first symbolized as a means of remembrance by Canadian First World War soldier and surgeon Lt. Col. John McCrae.



Tyne Cot is the largest Commonwealth war cemetery in the world in terms of burials, with 11,956 Commonwealth servicemen of the First World War buried there.

If you go...

For more information on visiting Flanders Fields, go to visitflanders.us.

monuments and cemeteries that will give you that sense of loss and tragedy."

It might be a tiny cemetery where only dozens of soldiers lie, a rain-sodden trench, or a derelict German bunker.

The city of Diksmuide has the Ijzertoren memorial with sweeping views of battlefields from atop its 84-metre (275-foot) tower. Nearby, the warren of Dodengang trenches brings the claustrophobia of war home, even if it no longer has the rats, stench and enemy within shouting distance.

Yet tourists should not limit their trip to pondering war. "You learn to understand what the importance of living and enjoying life is after you have been confronted with the experience," Chielens said.

For kids, that might mean a visit to the Bellewaerde theme park. For grown-ups, gastronomy stands out. Those with money and sense to reserve ahead should try In De Wulf, considered one of the world's best restaurants, in the village of Dranouter, close to the Kemmel Ridge battle site.

You might spot a chef picking flowers in the fields that will turn up on your dinner plate, or you might be served, as a vegetable, shoots from hop plants used in brewing the region's famous beer.

For tourists, there's nothing like a summer's evening with a Hommelbier or St. Bernardus Tripel on a terrace to let the day sink in. And while the memory of those fluttering poppies may fade, the sense of what happened here will likely grow stronger. As McCrae wrote:

"If ye break faith with us who die — We shall not sleep, though poppies grow — In Flanders fields."

THE ASSOCIATED PRESS

Cruise your way through culture shock caused by any new cubicle

It's a new job, it's a new day, and you're feeling good. Don't be daunted by the difference in atmosphere from one office to the next

MICHELLE SAMMUT
TalentEgg.ca

If you're ready to make a career move, transitioning from one office to another can be a challenge. You've done your homework on Company X and have the skill set to succeed in your new role, but the everyday details of your new environment are a mystery.

Organizational culture is the overall system of beliefs, behaviours, customs and dynamics that make up the identity of a workplace.

There are as many different types of culture as there are companies, so how do you prepare yourself for success if your past and present work cultures are like night and day?

Here are seven useful tips to ensure a smooth transition and help you overcome any office culture shock.

Before you get there

1. Establish a cultural checklist. Make a list of the qualities you liked and disliked about your last workplace to figure out which cultural qualities you need at the office in order to thrive (like an open-door policy with management) and those you can live without (lunchtime yoga classes). Developing your sense of self-awareness can help to inform your future career strategy.
2. Identify what Company X's online presence is like. Are they active on social media? Do they have a blog? Does their website feature staff photos or personal bios? If an online culture is fun and interactive it may reflect a youthful culture offline. If their online presence is more formal, offline culture could be by the book.
3. Ask strategic questions



Are the people around you sharing stories about their weekend or are they talking about work? The level of personal interaction at a workplace can reflect whether a culture values building community or growing the bottom line. iSTOCK

Party with your pod

Establishing personal connections can sometimes be a challenge at larger organizations, so getting involved outside of the office can help you build social capital.

during an interview to get an idea of how your cultural checklist might fit with theirs. Targeted questions that touch on issues like work/life balance can offer you a glimpse of their cultural expectations and help you determine whether you can get behind them. Potential questions include: "What does the busiest time of year look like?" and "Which teams will I be interacting with?"

Once you arrive

4. Embark on a "culture walk" around the office and look for artifacts that implicitly tell a company story. Family photos on desks, accomplishments on office walls, memos on bulletin boards and the arrangement of furniture can all provide insights. Market-driven cultures typically have financial goals and targets displayed in plain view on whiteboards. Highly collaborative cultures might have open-concept work areas where desks are arranged into clusters.
5. Listen to the conversations happening around the office. You can discern culture by the way work

is communicated. Are projects assigned primarily through email or is your manager more likely to stop by your desk to chat about it in person?

6. Find a mentor who can help you navigate office norms and habits. Invite them out for coffee as a way to get to know them better and learn more about their time with Company X.
7. Ask around about social initiatives and activities at the organization, such as volunteer programs or organized sports leagues. Establishing personal connections can sometimes be a challenge at larger organizations, so getting involved outside of the office can help you build social capital. The initiatives a company is involved with can also be a great indication of their cultural values.

Remember, adjusting to a new role always takes some time. Be patient with the process and be proud of yourself for moving on to the next step in your career path!

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Twitter

TalentEgg #QuestionoftheDay: Should you still include your mailing address on your cover letter/resume?

@EDSPowell

It seems to be expected, though I know some people worry about applying remotely and getting screened out!

@Recruit_Campus

I'm more concerned about including your LinkedIn URL, appropriate email address & phone # with VM.

@EvanBirtch

You'd figure with most correspondence via email you wouldn't need it, but it would look weird w/o it

@IronWhisk

No. Just your city is best. You don't want to scare away potential employers because you're "far"

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Colourful vegetables and tortillas stack up to a hill-of-beans snack

Mixed Vegetable and Bean Tortilla Stack.

Chock full of vegetables, this vegetarian meal is colourful and perfect for a weeknight



DINNER EXPRESS
Emily Richards
food@metronews.ca

Make dinner fun and easy with lots of colour with vegetables. Dinner will look good and taste great with easy pantry staples that you can put together in no time at all. While the stack is baking, be sure to put together an easy green salad or coleslaw to enjoy alongside.

Using fresh herbs and vegetables helps bring summer into the kitchen.

Keep a stash of canned beans in your kitchen for quick meals or snacks. This is a great after-school snack for kids to enjoy to keep them satisfied until dinner is ready. Get them involved and cooking by chopping vegetables and putting the stack together; you save time, and they will learn important life skills.

Cooking tip

- Use a serrated knife to make it easier to cut into this stack.

FLASH FOOD



From your fridge to your table in 30 minutes or less

Ingredients

- 2 tsp (10 ml) canola oil
- 1 small red bell pepper, diced
- 1 small zucchini, diced
- 1/2 cup (125 ml) diced red onion
- 6 cloves garlic, minced
- 1 tsp (5 ml) chili powder
- 1/2 tsp (2 ml) ground cumin
- 1/2 cup (125 ml) corn kernels (cut from 1 cob of corn or frozen)
- 1 can (19 oz/540 ml) white kidney beans, drained and rinsed
- 3 small whole wheat flour tortillas
- 1/2 cup (125 ml) shredded cheddar cheese

Topping:

- 2 tbsp (30 ml) plain 0% yogurt
- 1 tbsp (15 ml) shredded cheddar cheese
- 1 tbsp (15 ml) chopped fresh cilantro or parsley
- 1 tomato, diced

1. In nonstick skillet, heat oil over medium heat. Cook pepper, zucchini, onion, garlic, chili powder and cumin, stirring for about 8 minutes or until very soft. Remove from heat and stir in corn; set aside.

2. Meanwhile, in shallow



This recipe makes four servings. Make two stacks for a bigger crowd and added leftovers. EMILY RICHARDS

dish, mash beans with potato masher until fairly smooth. Stir in vegetable mixture until combined.

3. Lay 1 flour tortilla onto

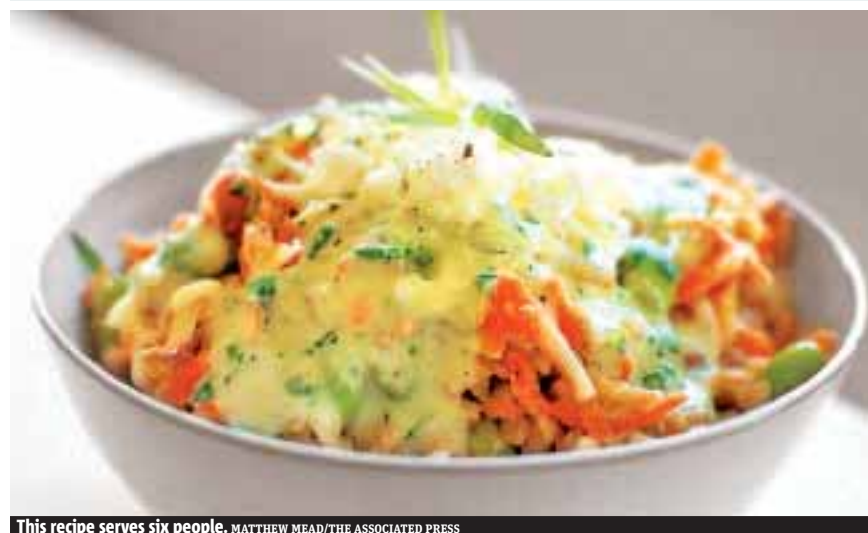
a small baking sheet and spread with half of the bean mixture. Sprinkle with half of the cheese. Repeat once and top with final tortilla.

4. Topping: Spread yogurt over top of tortilla and sprinkle with cheese. Bake in 400 F (200 C) oven for about 15 minutes or until edges are crispy and filling

is hot. Remove from oven and sprinkle with cilantro and tomato.

5. Cut in quarters to serve.

COOK TIME
ABOUT 25 MINUTES



This recipe serves six people. MATTHEW MEAD/THE ASSOCIATED PRESS

Versatile farro and veggies

Farro and vegetable salad with cucumber ranch dressing is pretty versatile. If you have carnivores coming for dinner, you can bulk it up with chicken or shrimp.

1. In a blender, combine the cucumber, mayonnaise, buttermilk, garlic, lemon juice, oil and salt and pepper, to taste. Puree until smooth. Stir in the chives and tarragon, then transfer to a jar and set aside.

2. In a large bowl, toss together the farro, edamame, carrots and radishes. Season with salt and pepper.

Ingredients

Dressing:

- 1/2 cup coarsely chopped seedless cucumber
- 1/4 cup low-fat mayonnaise
- 1/4 cup buttermilk
- 1/2 teaspoon minced garlic
- 1 teaspoon lemon juice
- 2 tablespoons vegetable oil
- Salt and ground black pepper
- 2 tablespoons snipped fresh chives

- 1 tablespoon finely chopped fresh tarragon, dill or parsley

Salad:

- 2 cups cooked farro (follow package directions)
- 1 cup cooked shelled edamame
- 1 cup coarsely shredded carrots
- 1 cup coarsely shredded radishes
- 1/2 cup crumbled feta cheese (optional)

3. To serve, add the feta to the salad, if using. Toss the salad with two thirds of the dressing,

then divide among 6 serving plates. Serve the extra dressing on the side. THE ASSOCIATED PRESS

2022 World Cup

FIFA VP blasts newspaper over corruption charge

FIFA vice-president Michel Platini has criticized a British newspaper for linking him to corruption claims about Qatar's 2022 World Cup bid.

The Daily Telegraph led Tuesday's edition reporting that Platini secretly met with his FIFA board colleague Mohamed bin Hammam of Qatar "shortly before" the World Cup vote in December 2010.

The claim follows the rival Sunday Times alleging that Bin Hammam, whom FIFA expelled in 2012, paid soccer officials millions of dollars to support Qatar's successful campaign.

"I find it astonishing that conversations with a fellow member of the FIFA Executive Committee could suddenly be transformed into a matter of state," Platini said in the letter released by UEFA.

THE ASSOCIATED PRESS

In a better place



"To me, it's just a better situation than it was in Ottawa.

I'm just being honest, from top to bottom."

Quarterback Kevin Glenn on being traded to the B.C. Lions from the Redblacks. Glenn said he had wanted to be "the guy" in Ottawa, but after the signing of Henry Burris in February, Glenn demanded a trade.

Carter hoping to make IGF his home

CFL. Former Rifles receiver in battle for roster spot on Bombers

Brett Carter was grinning ear to ear again Tuesday as he donned a Winnipeg Blue Bombers uniform for the second time in two years.

The former Winnipeg Rifles receiver got to work out with the team last season and even dressed for a July game, then spent the rest of the season on the practice roster. He's hoping to take the next step on his dream quest to make his hometown team.

"I'm coming in here and I'm going to fight for a spot," he said Tuesday as Day 3 of main training camp ended but his just started.

"I'm going to be competing against a lot of these guys and there are a lot of really good players so I've got to step my level up a lot and just be determined to do the best that I can do."

He's just 21 but was a CJFL All-Canadian and took home MVP honours with the Rifles, on top of being named a Prairie Football Conference All-Star.

Last season, it was more of a teaching move to invite the young player to camp. The Bombers also invited a few Rifles players and a University of Manitoba Bisons quarterback to camp this year to work out with the team.

But when July rolled around



Brett Carter chases the Tiger-Cats' Erik Harris after an interception last June in Winnipeg. AARON LYNETT/THE ASSOCIATED PRESS

Season uncertainty

The CFL labour dispute continues to hang over the camp and the Bombers and the Toronto Argonauts could be the first to feel the impact. They are scheduled to open the exhibition season Monday and the regular season on June 26, also in Winnipeg.

last season, injuries forced the Bombers to look for a Canadian to dress and Carter got the call. Coach Mike O'Shea said injuries in camp were also the reason Carter got a call this season as the Bombers look to bolster

their Canadian talent.

"When you're faced with a certain number of injuries and you're looking at who's on your list of guys to bring back, he was here before, he understands what we're trying to do

here, he's local, he's good," said the coach.

Carter impressed the coaches last season with his work ethic and ability. He also worked out with a team trainer in the off-season.

Winnipeg-born Taylor Renaud, who played for Acadia, is also getting another look at Bombers camp as a receiver this season.

The Bombers traded away two Canadian receivers in the off-season to acquire starting QB Drew Willy and DB Korey Banks. THE CANADIAN PRESS

Kings, Rangers have taken long roads to final



Rangers goalie Henrik Lundqvist skates during a practice session on Tuesday at Staples Center in Los Angeles. BRUCE BENNETT/GETTY IMAGES

It's taken the Kings 21 playoff games and the Rangers 20 to get to this Stanley Cup final. They have survived five Game 7s along the way.

But in truth, the journey started a lot longer ago.

The ride cost Los Angeles forward Jeff Carter his two front teeth. Ask him how it happened and he digs deep into the memory bank.

"Couple of separate incidents," he said, flashing a smile with a gap that would accommodate a quarter. The back story gets a little fuzzy after that, although a puck to the mouth was involved.

Kings goalie Jonathan Quick changed allegiance on

Going the distance

26

The Kings are nearing the record for most playoff games in a season. The current mark is 26, set by the 1987 Philadelphia Flyers and 2004 Calgary Flames. The most games by a Cup winner is 25, by the 2006 Carolina Hurricanes and 2011 Boston Bruins.

his road. He grew up a Rangers fan in Milford, Conn., and remembers watching Mike Richter and Mark Messier lead the Blueshirts to the 1994 Stanley Cup.

He recalls having a couple of friends over for Game 7. He

was eight years old.

On Wednesday, Carter, Quick and the Kings go after their second Stanley Cup in three seasons with the underdog New York Rangers standing in their way. New York is back in the final for the first time in 20 years.

On media day Tuesday, Los Angeles GM Dean Lombardi took a playful swipe at New York, noting he had worked in Philadelphia for three years.

"Part of the qualifications for that job was I had to learn to hate the Rangers in a hurry," he said.

The hate is on for real Wednesday. THE CANADIAN PRESS

Scan the image with your Metro News app for a gallery of the events around the Stanley Cup final from Tuesday.

4 SPORTS

Bouchard reaches final four



Eugenie Bouchard celebrates her quarter-final win at the French Open on Tuesday. DARKO VOJNOVIC/THE ASSOCIATED PRESS

French Open.
Canadian tennis success may inspire new generation of young athletes

Eugenie Bouchard is preparing for her second straight Grand Slam semifinal. Fellow Canadian Milos Raonic is still looking to reach his first.

Bouchard defeated Spain's Carla Suarez Navarro 7-6 (4), 2-6, 7-5 at the French Open on Tuesday. The match was completed a couple hours before Raonic came up short in his bid to reach the men's final four, dropping a 7-5, 7-6 (5), 6-4 decision to Novak Djokovic of Serbia.

Next up for Bouchard, a 20-year-old from Westmount, Que., is a meeting with Maria Sharapova. The 2012 champion from Russia advanced with a 1-6, 7-5, 6-1 over Garbine Muguruza of Spain.

"I'm very content with a win like this," said Bouchard.

"It was a battle throughout. She played very well especially on long points.

"The last set was key for me. I'm really excited to be playing Sharapova in a big match here."

Bouchard was the third Canadian woman to reach the Roland Garros quarterfinals after Carling Bassett-Seguso (1984, 1986) and Helen Kelesi (1988, 1989). Bouchard and Bassett-Seguso are the only players to reach the semifinals at a Grand Slam (Bassett-Seguso, 1984 U.S. Open).

Earlier this year, Bouchard reached the Australian Open semifinals but lost to eventual champion Li Na of China. Sylvain Bruneau, the captain of the Canadian Fed Cup team, said Bouchard

learned from that experience and is comfortable in the spotlight.

"I expect her to be able to really raise her (game), to really play her best tennis against Sharapova," he said. "Really be in the moment and not be caught up with anything else (except) the ball and the next point."

Raonic, the No. 8 seed from Thornhill, Ont., went toe to toe with Djokovic over the first two sets before fading in the third. The Canadian fired 21 aces but converted only one of two break opportunities in the match.

Raonic, 23, became the first Canadian man to reach a Grand Slam singles quarterfinal in the post-1968 Open era.

THE CANADIAN PRESS

It ain't over till ...

"I've come back in matches before.... I just really tried to forget about what the score was or anything and just tried to play the right way."

Canadian Eugenie Bouchard, on her match against Spain's Carla Suarez Navarro

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Rested and ready. Wade's bad knees conserved for NBA Finals action

The last time Dwyane Wade played in an NBA Finals game, he needed fluid drained from his left knee and eight hours of intense game-day therapy just to get into uniform.

It was worth it, after he scored 23 points, grabbed 10 rebounds and hoisted his third Larry O'Brien Trophy.

Now, unlike last year, Wade is not dealing with any injuries heading into the Miami's finals rematch against the San Antonio Spurs. At 32 years old and with 866 NBA games already on his playing odometer, Wade still deals with plenty of aches and pains, good days and bad days, and basically has a standing appointment in the Heat training room.

But compared to last season's NBA Finals, his knees are good as new.

"He's a big-time, huge piece to our puzzle," four-time NBA MVP and Heat star LeBron James said. "To have him out there in the groove that he's in right now, it's going to help us."

This year, the Heat tried to leave nothing to chance with Wade's health.

The so-called maintenance



Star Miami Heat guard Dwyane Wade THE ASSOCIATED PRESS

plan for Wade — limiting his minutes to save his knees — kicked in on the second night of the regular season. He wound up missing 28 games in all, mostly because of that rest-and-rehab scheme, to ensure that he would be good to go in the playoffs.

Wade is shooting 56 per cent in fourth quarters during the playoffs, the best clip of his career and the best percentage of any guard with more than 30 shots in the final period of post-season games this season.

THE ASSOCIATED PRESS

NBA

Parker expected to play despite ankle injury

Tony Parker plans to play in Game 1 of the NBA Finals.

The San Antonio Spurs open their rematch with the Miami Heat on Thursday, and their star point guard is nursing a balky left ankle.

"He's getting better every day, and I expect him to play," coach Gregg Popovich said Tuesday.

Parker aggravated the injury Saturday, missing the second half of San Antonio's series-clinching victory over Oklahoma City in the Western Conference finals.

Parker didn't practise Tuesday, but said he expects to be back Wednesday.

Parker is averaging a team-leading 17.2 points and 4.9 assists this post-season but has been bothered by injuries the past two rounds.

"I always try to be honest with Pop," Parker said. "He knows, but if I'm 50 per cent I'll try to play. If I'm under 50 per cent, we can argue."

THE ASSOCIATED PRESS

2015 Nissan Micra

- **Type.** Five-door, front-wheel drive subcompact hatchback
- **Engines (hp).** 1.6-litre inline four-cylinder (109)
- **Transmissions.** Five-speed manual, four-speed automatic
- **Base price (incl. destination).** \$11,399

Market position

Very clear market position: least expensive new vehicle you can buy in Canada. Aimed at first-time buyers on a budget, urban dwellers who desire a car with a tidy footprint, and serious downsizers of every other demographic. Competition is other small hatchbacks — and used cars.

Points

- Very successful global car. Currently sold in 160 countries — but not currently in the U.S.
- Nissan Canada took three years to develop this exclusive-to-Canada version, based on European-market Micra.
- Shares platform with larger Nissan Versa Note Hatchback.
- No 6-speeds, CVTs, heated



This subcompact hatchback is based on a European model.

seats or navigation availability keeps prices down.

Safety

Six standard air bags; standard front/rear disc/drum brakes with ABS and Electronic Brake force Distribution (EBD) and Brake Assist; standard traction control and stability control; standard anchors and tethers for child seats; available rear backup camera and monitor.

Nissan Micra: Small is a virtue

Review. Short and purposeful, the Micra is a Napoleon Dynamite

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Small cars have a hard time in North America, the land of the Denny's Grand Slam Breakfast and the 7-Eleven Big Gulp: If we can finish it, you didn't make it big enough.

But a new breed of small cars has been winning fans recently, due to their new-found features and hip styling, which were heretofore only available in larger, more expensive cars. But some of this nice stuff has pushed prices to where many small cars no longer wear small price tags.

Enter the 2015 Nissan Micra. At \$9,998, it has the lowest base price of any new vehicle available in Canada. (Destination and PDI charges are \$1,400.)

Micra's pricing advantage gets diminished once you move off that S base model with the 5-speed manual transmission. Add automatic transmission, air conditioning and cruise, and you're looking at another \$3,000 or so.

But pricing always stays low



PHOTOS: CONTRIBUTED

and lovely on all three trim levels (S, SV and SR).

The main point is that Nissan gives you a sub-\$10,000 option and others don't.

Micra also turns out to be a great little vehicle. I recently

took a very-white, top-level SR model out for a twirl, and was surprised by how much fun it was to drive.

The five-speed manual was smooth and quick to shift, and the 106-hp 1.6-litre engine was

torque-y and very agreeable to being revved.

Overall, it feels zippy, which is actually preferable to a car that might be more zippy, but doesn't transmit that feeling to the driver.



The five-speed manual is smooth and quick to shift, and feels zippy over all.

It also handles well, due to the European-spec suspension, with an additional sway bar. The Canadian Micra is the only Micra in the world with both front and rear sway bars.

The rear accommodations are predictably tight for a car that stretches just 3.8 metres. But the upside is great agility, and more parking opportunities around town.

Its turning radius is also ridiculously short. You can easily turn around in the middle of most side streets. Sometimes it's good to be small.

You have to hand it to Nissan for finding this low-cost gap in the market, and for wanting to exploit it to get more new customers into the Nissan fold — customers that traditionally might have gone to the used market. Nissan even has a special financing program, just for first-time buyers that choose Micra — no previous credit history required.

5 DRIVE

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High-strength steel.

Automakers can use several grades in a vehicle for optimum performance

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Automakers face two major challenges when they build vehicles. Cars must be strong enough to protect occupants in a crash, but they must also be as lightweight as possible to meet stringent fuel-economy standards.

One product that addresses both issues is high-strength steel, which itself is constantly being improved for better performance.

"There are different types and grades, with unique microstructural characteristics that engineers build into the product," says Ron Watkins, president of the Canadian Steel Producers Association. "It's a tremendous amount of work, but the auto industry is always looking for fuel efficiency."

Steel becomes stronger through three factors: alloys such as manganese, boron or silicon that are added to the molten steel mix; continuous slab production to ensure each section receives the same heating and cooling treatment; and "work hardening," when stamping or forming parts, which alters steel's structure.

By adjusting the ingredients used, or the way the steel is processed, steelmakers can produce various strengths, including the strongest advanced high-strength steel (AHSS). Auto manufacturers may use several grades in a vehicle, depending on each component's function and where it's located, for optimum performance.

In a crash, cars need to crumple progressively, gradually absorbing the crash

All about steel

- Automakers first started using high-strength steel in the 1970s, when a gas crisis made fuel efficiency a priority with buyers.
- Steel strength is measured in megapascals (MPa). Regular steel is around 300 MPa, while high-strength steel usually ranges from 590 to 780. Some advanced steels can go as high as 1,800 MPa.
- Steel's thickness used to be measured in gauge, with higher numbers indicating thinner panels, but it's now more common to measure it in millimetres.

energy so it isn't transmitted to the occupants. Different steel grades can be used to create this gradual crunch, with the highest-strength steel used in the passenger compartment, which has to remain intact and uncrushed.

AHSS is more expensive than conventional steel, but because it's so much stronger, automakers use less of it overall. In some cases, a component made of AHSS could be as strong as one made of regular steel, but contain 20 to 35 per cent less material, which helps to offset the high-strength steel's extra cost. The major benefit is that the car now weighs less, which improves fuel efficiency.

So why not make the whole car out of it? It comes down to selecting the most appropriate product for each component, how strong it needs to be, and the price. A hood doesn't have a heavy load requirement, for example, so an automaker is more likely to make a lightweight version out of lower-cost aluminum than higher-priced AHSS.

The three R's

"Cars are shredded and reduced back down to basic steel again. It's infinitely recyclable."

Ron Watkins, president of the Canadian Steel Producers Association, on the ability to melt down high-strength steel with any other grade of scrap steel to form a new product

Horoscopes

Aries

March 21 - April 20

Material matters may be taking up a great deal of your time but don't focus on them to the exclusion of everything else. Balance your pursuit of success with something of a more spiritual nature.

Taurus

April 21 - May 21

Current influences make you intensely ambitious but don't forget you have limits like everyone else. Make sure you know what they are.

Gemini

May 22 - June 21

Keep what you know to yourself today, especially if the knowledge you have been given could be dangerous to people in positions of power. There is a time to rock the boat but that time is not yet.

Cancer

June 22 - July 23

You won't have to try too hard to make an impression today. Colleagues know what you are capable of but even people in positions of power are beginning to see there is something special about you.

Leo

July 24 - Aug. 23

You need to raise your sights and pursue interests that are worthy of your time and your energy. What they may be should be a little clearer after today.

Virgo

Aug. 24 - Sept. 23

You are determined to do something different, but you need to get started now. Come the weekend, Mercury turns retrograde, and all sorts of obstacles will be placed in your way.

Libra

Sept. 24 - Oct. 23

It will pay you to be a little less independent over the next few days. Just because you don't like certain people does not mean you can't work with them.

Scorpio

Oct. 24 - Nov. 22

You seem to be under quite a bit of pressure at the moment and that pressure will build over the next few days. Make life easier by taking nothing too seriously, least of all yourself.

Sagittarius

Nov. 23 - Dec. 21

You may have certain duties to fulfill but that does not mean you have to do everything others expect of you. Make sure everyone knows that you answer to only yourself!

Capricorn

Dec. 22 - Jan. 20

You will have to make sacrifices today but the effort will be worth it. Not only do you have enough energy and enthusiasm to get things done for yourself but you will gladly help others as well.

Aquarius

Jan. 21 - Feb. 19

It may seem that the odds are stacked against you but that is an illusion brought about by too narrow a focus. Expand your horizons and embrace the world.

Pisces

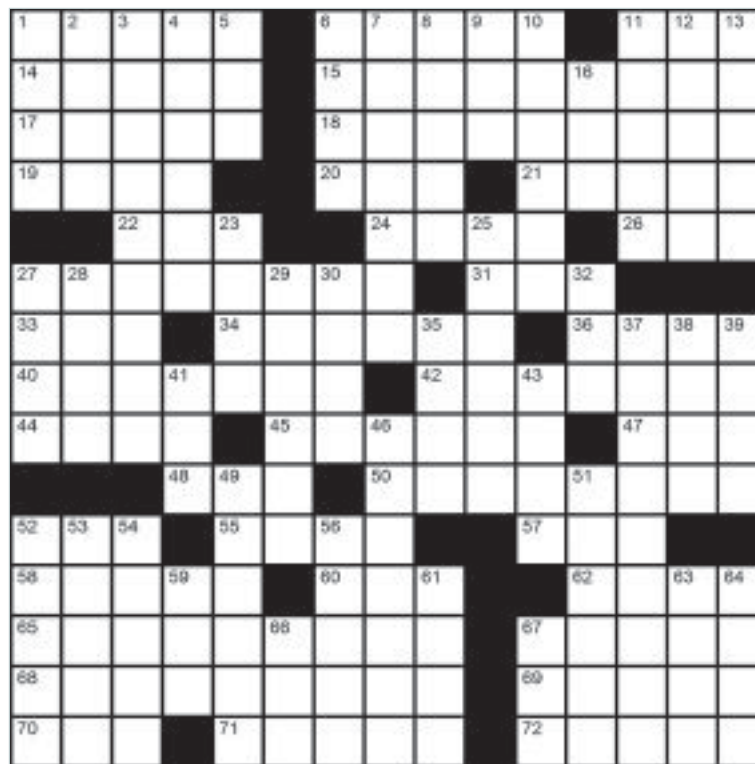
Feb. 20 - March 20

Do what you have to do as quickly as possible, then devote yourself to activities that bring a smile to your face. Life should be about fun, not work. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Shoes: ___ marks
- Unleash, as uproar
- Li'l norm
- Bert's pal
- "Twelve men broke loose in '73 / From ___ maximum security." — The Tragically Hip
- Relinquished
- Ottawa's "Desire 126" band
- Pegs
- Lanka's lead
- Intl. air carrier, once: 2 wds.
- American '66', e.g.
- Sweetie
- The Waste Land poet's monogram
- Life insurance co. since 1896
- Snap
- Texter's POV
- Birthplace of Hans Christian Andersen
- Finished
- Like an illuminated night
- Newfoundland town or bay
- Seal herds
- Selection
- Hebrides turnaround
- Toward the ship's stern
- June 4-5, 2014 'G7' Summit locale
- Perhaps-es
- Fancy suffix to 'Art'
- Archaic 'your'
- Bombers and Oilers



- Birmingham's li'l state
- Roof part
- House at Hogwarts
- Boo-boomed
- Town called 'Manitoba's Valley Paradise'
- ___ du Canada

- (honour, in French)
- Outer: Prefix
- Crispy breads
- Donald's response, when asked who Kiefer is: 2 wds.

Down

- Splinter group

- Actress Ms. Summer
- Country's Carrie (More at #49-Down)
- Pinata party
- Feasted
- Cheerios' uniform letters on "Glee"
- Cranberries singer,

- Dolores O'___
- Canadian advice columnist Ms. Teshar
- ___-inclusive
- Scarab-headed god of ancient Egypt
- ___-garde
- Sacred Hindu texts
- Folklore figure

- Certain constellation
- Organic compound
- Short synopsis
- Dweeb
- Farm song bit: "Here ___, there..."
- Decrees
- Mr. Rogen
- Bamboozle
- Awaken
- BC: Okanagan Valley sights
- And others, for short: 2 wds.
- Reuben requirements
- Edward Snowden related org.
- Superlative suffix
- Pyramid-top pillar
- Mike ___ (Canadian hockey star married to #3-Down)
- Wine from Spain
- Familiar reply to "Who's there?": 2 wds.
- Oscar's tidy roommate
- Decline: 2 wds.
- Tropical tubers
- Range's one-of-some, briefly
- Santa ___ (Hot winds)
- True: Italian
- Perfect place
- Univ. web address ending, sometimes
- 30th, sometimes, as per calendars [acronym]

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: 26°
MIN: 12°

THURSDAY



MAX: 24°
MIN: 15°

FRIDAY



MAX: 18°
MIN: 8°



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metro

Do you know why a mortgage document is so big?

It's because there's a lot more in it than just the rate.

Why lowest isn't always best.

Don't get us wrong. A low rate is great. But most low rate mortgages come with restrictive terms that could keep you in your mortgage longer than you'd like. Which means paying interest longer than you'd like. So, instead of thinking about the cost of your mortgage in rate terms, think about it in dollar terms. For example, how much interest will you pay over the life of your mortgage?

How restrictive terms cost you in the end.

The key to saving interest costs is having the flexibility to increase payments or make extra payments. With rates as low as they are, regular lump sum and increased payments will save you more interest over the life of your mortgage. Even more than switching to bi-weekly payments![†]

Good advice is worth its weight in gold.

Locking in at today's low rates might be right for you. But keep in mind that small changes can make a big difference in helping you become mortgage-free faster so keeping that flexibility is essential.

So how can we offer a rate this low with the benefits you want?

Since we refuse to overload our mortgages with restrictions and we insist on giving people competitively low rates, the only way we can do it is for a limited time.

SPECIAL OFFER MORTGAGE RATE

2.97%*
FIXED 5-YEAR TERM

2.47%*
VARIABLE 5-YEAR TERM

Apply by June 7, 2014.

With a rate this low, we can only offer it for a limited time.

To take advantage of this limited offer, talk to a Scotiabank® advisor today.

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than you think.®



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* All mortgages are subject to applicable credit approval, Scotiabank residential mortgage standards and maximum permitted loan amounts. **Scotiabank 5-Year Fixed Rate Special** – The new mortgage must be set up as a 5-year closed term fixed rate mortgage at a rate of 2.97%. As of May 22nd, 2014, if there are no 'cost of borrowing' charges (for example, appraisal fees), the APR for the rate of 2.97% equals 2.95% (compounded semi-annually, not in advance). Where a typical appraisal fee of \$300 is assumed (actual appraisal fees may vary), the APR equals 3.02% (compounded semi-annually, not in advance), for a term of 5 years – assuming a mortgage of \$100,000 with a 25-year amortization. **Scotia Flex Value® Mortgage Special** – Scotiabank Prime as of September 9, 2010 was 3.00%. As of May 22nd, 2014, the **Scotia Flex Value® Mortgage** – Closed 5 Year Term was 2.47%. If there are no 'cost of borrowing' charges (for example, appraisal fees), the APR for the rate of 2.47% equals 2.46% (compounded semi-annually, not in advance). Where a typical appraisal fee of \$300 is assumed (actual appraisal fees may vary), the APR equals 2.52% (compounded semi-annually, not in advance), for a term of 5 years – assuming a mortgage of \$100,000 with a 25-year amortization. The **Scotia Flex Value® Mortgage** interest rate varies with Scotiabank Prime. These offers expire June 7th, 2014 but are subject to change or withdrawal at any time. The mortgage must be funded within 90 days of the application date. Other conditions may apply.

† Assuming a mortgage of \$270,000 with a 25-year amortization at a rate of 2.97%, switching to bi-weekly payments will decrease your amortization to less than 23 years and save you approximately \$14,130 in interest. Alternatively, assuming the same mortgage of \$270,000 with a 25-year amortization at a rate of 2.97%, if you keep your monthly payment frequency but apply annual lump sum prepayments of \$500 and increase your regular payments by just \$20 every year, after your first year, you will decrease your amortization to less than 21 years and save approximately \$18,923 in interest.